

Prof. Sherley's IEP Advocacy Checklist

The 3 IEP Advocates Every Parent Should Know

Parent Advocate - That's YOU!

- I've reviewed my child's IEP ahead of the meeting.
- I've listed questions or concerns I want to bring up.
- I know my rights under IDEA and feel confident using my voice.
- I trust my instincts about what's best for my child.

Professional Advocate - Your Expert Ally

- I've considered reaching out to an advocate or special education consultant.
- I have someone who can help review documents or join meetings.
- I know where to find advocacy support in my local area or online.

Peer Advocate - Fellow Parents, Real Experience

- I've connected with another parent who's been through the IEP process.
- I have someone I can talk to for emotional support and shared advice.
- I'm part of a parent network or group-online or local.

Remember:

You don't have to go through the IEP journey alone.

Use your voice, ask for help, and build your team.

You're the most powerful advocate your child will ever have.